

STRONGHER

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STRONGHER ADVENTURE RIDE

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INFORMATION

DATE **October 2nd 2016**

LOCATION **Arco di Trento
Via Marconi 15
Arco / Italy**

TIME **12:30 pm**

DISTANCE **50 km**

PACE **Social**

PRICE **Free**

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Adventure Awards Days, located in Arco di Trento, is the Italian festival based on adventure and exploration, dedicated to those who love outdoor sports and nature, for those who want to try to make their life a unique adventure. During the Adventure Awards Days, Moser Sport shop launches the first Female Strongher ride.

The meeting point is at the Village in Arco di Trento, the 2 of October. At 12pm a nutrition expert - Michele Graglia - will make a lesson on "Eat well to stay Healthy and ride/run faster". The Strongher ride starts at 12.30 and it will end at 3pm at Moser sport shop (VIA MARCONI 15, ARCO) where some nice gifts and a delicious catering service is waiting for the attendances.

The ride is more than just a ride; it is a opportunity to meet other committed women, share stories, ride through the beautiful nature.

Experience something new, attend a nutrition lesson, a cycling journey and join our "Adventure Strongher ride". This day is for absolute beginners till highly experienced riders!

Moser Sport, Marta Villa, Strongher Shero and Journalist from Bike4trade magazine and the Shimano Team looking forward to meet you.

RIDE DETAILS:

NAME: Adventure Strongher ride

DATE: 2 October at 12am

DISTANCE: 50km/800m (around 2hours)

SPEED: km/ph na

MEETING POINT: It's at the "Adventure award days Village", in Arco di Trento, close to the main square.

DRESSCODE: None mandatory, bicycle apparel is recommended

PARTICIPANTS: Dedicated to women (open to some men :))

Website: www.adventureawards.it